

BARBERRY ROOT

Botanical Name: Berberis vulgaris

Common Name: Berbery, pipperidge bush, sow berry

Medicinal part: bark, root-bark, fruit

Description: Historically cultivated for its tart berries for culinary use, barberries were traditionally used in pickled dishes, jams, candies, and more. The root itself was used to make antipyretics, tonics, and other natural medicines. Due to its bitter flavor, however; it was typically used to make yellow dyes.







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